

Sunday

MARCH

2022



Riverside Center for Rehabilitation and Nursing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:15AM- March Activity Handout 10:30AM- Exercise 1:30PM- Four Leaf Clover painting SERENITY HOURS 3:00PM- Coffee Cart 3:45PM-Balloon Tennis	2 9AM- Music W/ Grock 10AM-11:30AM- Manicures 1:30PM- Religious Shamrock Blessing Craft SERENITY HOURS 2:45PM- Question Ball 3PM- Coffee Cart 3:45PM- Exercise	3 10:30AM- Exercise 1:30PM- 3D Color Your own St. Patrick Scene 1:30PM- Library Cart (Atrium) SERENITY HOURS 3PM- Coffee Cart 3:30PM- Folding Competition	4 10:30AM- Hot Cocoa/Coloring 1PM- Smore's Pops 1:30PM- Movie SERENITY HOURS 3PM- Coffee Cart 3:45M- Music Sing Along	5 1:30PM- Pet Visit (Sierra) 2:30PM- Bingo SERENITY HOURS 3::30PM- Volley Balloon
6 NO ACTIVITIES	7 9:30AM- Hot Cocoa Cart 10AM- Binocular Making 1:30PM-Lucky Snack Mix SERENITY HOURS 2PM- Question Ball 3PM- Coffee Cart	8 10:30AM- Exercise 1:30PM- Pot of Gold Hanging swirl Craft 6:30PM- Night Bingo SERENITY HOURS 2:30PM- Balloon Tennis 3:15PM- Coffee Cart 4PM- Puzzles	9 9AM- Music with Grock 1:30PM- Coffee Filter Rainbows SERENITY HOURS 2:30PM- Question Ball 3:00PM- Coffee Cart 3:30PM- Exercise	10 10:30AM- Exercise 1:30PM- RESIDENT COUNCIL 2PM- Rainbow Necklace Making SERENITY HOURS 3PM- Coffee Cart 3:30PM- Folding Competition	11 10:30AM- Hot Cocoa/Coloring 1PM- St. Patrick's Cupcakes 1:45PM- Cardboard Collages SERENITY HOURS 3PM- Coffee Cart 3:45PM- Music Sing Along	12 NO ACTIVITIES
13 1PM- Snack Cart 1:45PM-Bingo SERENITY HOURS 2:45PM- Hot Balloon	14 9:30AM- Hot Cocoa Cart 10AM- Trivia 1:30PM- Dunkin Donut Cart SERENITY HOURS 2PM- Question Ball 3PM- Coffee Cart	15 10:30AM- Exercise 1:30PM- Snack Cart (N/S) 6:30PM- Night Bingo SERENITY HOURS 3PM- Coffee Cart 3:30PM- Balloon Tennis 4PM- Puzzles	16 9AM- Music with Grock 1:30PM- Music W/ Bill T SERENITY HOURS 2:30PM- Question Ball 3:00PM- Coffee Cart 3::30PM- Exercise	17 10:30AM- Exercise 1:00PM- St. Patrick's Cart Celebration 1:30PM- Water Bottle 3 Leaf Clovers Art SERENITY HOURS 3PM- Coffee Cart 3:30PM- Folding Competition Happy St. Patrick's Day!	18 10AM- Music W/ Roselee 11AM- Manicures 1:00PM- Root Beer Floats 1:30PM- Movie SERENITY HOURS 3PM- Coffee Cart 3:45PM- Music Sing Along	19 1:30PM- Pet Visit W/ Sierra 2:30PM- Bingo SERENITY HOURS 3:30PM- Volley Balloon
20 1PM- Snack Cart 1:45PM-Bingo SERENITY HOURS 2:45PM- Volley Balloon	21 9:30AM- Juice Cart 10AM- Trivia 1:30PM- Chocolate Covered Pretzels SERENITY HOURS 2PM- Question Ball 3PM- Coffee Cart	22 10:30AM- Exercise 1:30PM- Mobile Craft Kit 6:30PM- Night Bingo SERENITY HOURS 3PM- Coffee Cart 3:30PM- Balloon Tennis 4PM- Puzzles	23 9AM- Music with Grock 1:30PM- Mask Craft SERENITY HOURS 2:30PM- Question Ball 3:00PM- Coffee Cart 3::30PM- Exercise	24 10:30AM- Exercise 1PM- Marble shamrocks Craft SERENITY HOURS 2PM- Music W/ Douglas 3PM- Coffee Cart 3:30PM- Folding Competition	25 10:30AM- Hot Cocoa/Coloring 1PM- Chocolate Covered Banana's 1:30PM- Word Scramble SERENITY HOURS 3PM- Coffee Cart 4PM- Music Sing Along	26 1PM- Snack Cart (N/S) 2:30PM- Bingo SERENITY HOURS 3:30PM- Name That Tune
27 1PM- Snack Cart 1:45PM-Bingo SERENITY HOURS 2:45PM- Hot Balloon	28 9:30AM- Hot Cocoa Cart 10AM- Trivia 1:30PM- Banana Splits SERENITY HOURS 2PM- Question Ball 3PM- Coffee Cart	29 10:30AM- Exercise 1:30PM- Pillow Making 6:30PM- Night Bingo SERENITY HOURS 3PM- Coffee Cart 3:30PM- Balloon Tennis 4PM- Puzzles	30 9AM- Music with Grock 1:30PM-Word Search Group SERENITY HOURS 2:30PM- Question Ball 3:00PM- Coffee Cart 3::30PM- Exercise	31 10:30AM- Exercise 1:30PM- Unit DIY Painting SERENITY HOURS 3PM- Coffee Cart 3:30PM- Folding Competition		

North Unit

ACT STAFF: Destiny (Activity Director) Elizabeth (Aide) Jazmin (Aide) Kathleen (Aide)